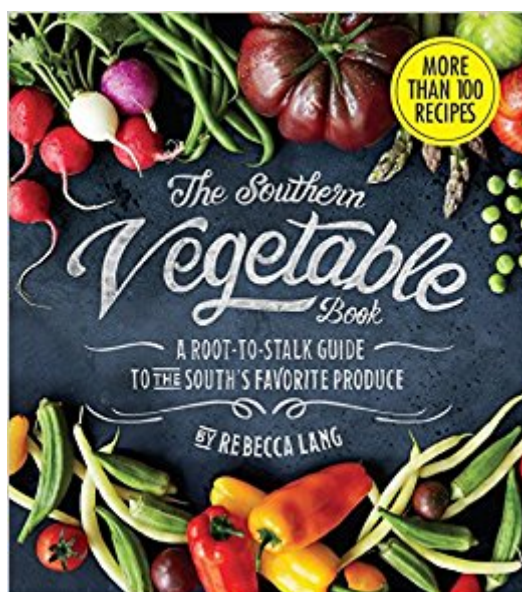


The book was found

The Southern Vegetable Book: A Root-to-Stalk Guide To The South's Favorite Produce (Southern Living)



Synopsis

An all-new cookbook brings you to the table to celebrate the versatility of vegetables with Southern flair. As more and more Americans turn to locally-sourced and home-grown ingredients to help create their meals, vegetables have returned to the center of the plate, and there are few people who appreciate vegetables the way that Southerners do. Whether it's the incomparable sweetness of corn fresh from the stalk, a tomato so ripe and ready that you can almost taste the sunshine, or the versatility of the sweet potato - the garden workhorse that can serve as main, side, or dessert - Southerners know the secrets to preparing their favorite vegetables in the most delicious ways. Now, in *The Southern Vegetable Book*, the wisdom of years spent in the garden, in the fields, and finally in the kitchen are yours in an accessible cookbook highlighting the Southern ability to create satisfying flavors from the simplest, freshest ingredients. The classic vegetables that we all know and love are represented, but lesser-known but equally-celebrated ones, such as Jerusalem artichokes and ramps, also make an appearance. The recipes in the book pay homage to classic Southern dishes while offering modern interpretations for the home cook, whether you call the South home or not. Divided by season, *The Southern Vegetable Book* features 30 types of vegetables along with recipes as diverse as Balsamic Corn Salad, Salmon Tostadas with Zucchini-Radish Slaw, a BLT Benedict with Avocado-Tomato Relish, or a new take on Sweet Potato Pie. This book will guide you on how to select the freshest vegetables at the grocery store or the farmers' market, tips on storage, special features, and tips and hints on extracting the best flavor from your produce. Whether you're a Southerner born and bred, hail from parts unknown, or just appreciate that the South has a way with vegetables, *The Southern Vegetable Book* will become your go-to guide to make vegetables the star of the show.

Book Information

Hardcover: 256 pages

Publisher: Oxmoor House (April 5, 2016)

Language: English

ISBN-10: 0848746880

ISBN-13: 978-0848746889

Product Dimensions: 8.4 x 1 x 9.5 inches

Shipping Weight: 2.2 pounds (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars 52 customer reviews

Best Sellers Rank: #115,279 in Books (See Top 100 in Books) #139 in Books > Cookbooks,

Food & Wine > Regional & International > U.S. Regional > South #158 in Books > Cookbooks,
Food & Wine > Cooking by Ingredient > Vegetables

Customer Reviews

Rebecca Lang is a food writer, cooking instructor, television personality, and a ninth-generation Southerner. Born and raised in South Georgia, she is the author of *Around the Southern Table*, *Quick-Fix Southern*, *Mary Mac's Tea Room*, and *Southern Entertaining for a New Generation*. She has appeared on *Fox & Friends Weekend*, multiple segments on QVC, WGN America's *Midday News*, and numerous regional and local networks. Rebecca and her cooking have been featured in more than 50 nationally televised *Southern Living* food segments and in publications such as *The Wall Street Journal*, *The Atlanta Journal-Constitution*, *The Washington Post*, the *Houston Chronicle*, *Wine Enthusiast*, *FoxNews.com*, *The Daily Meal*, *Glamour* and *Fitness* magazines. She serves as a contributing editor for *Southern Living*, teaches cooking classes across America, and writes a blog that has been featured on the James Beard Foundation Blog, *Delights and Prejudices*, and noted in *Food News Journal's* Best of the Blogs. Rebecca is a cooking expert for Ty Pennington's website and writes a monthly recipe post. Her writing has appeared in many publications including *Southern Living*, *Disney's Family Fun*, *Taste of the South*, *The Atlanta Journal-Constitution*, *Flavors* magazine, and *Edible Atlanta*. Rebecca has worked as spokesperson for some of Georgia's finest produce, including Vidalia Onions and Georgia Blueberries. Rebecca has been a food stylist and hand model for various print and television commercials. She has worked with Black & Decker, Krystal, LongHorn Steakhouse, Mrs. Smith's, Shoney's, and Good Eats.

Really, really good recipes. Great cookbook. Good service. Got one for me and one for my daughter.

awesome recipes

Excellent cookbook!

Rebecca Lang has another wonderful cookbook! Love the recipes. The squash casserole is delicious!

Really love this book. Some great recipes.

Just plain good. Lot of fine pertinent info and culinary ideas.

great book

Love it,

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